

Darnall Army Community Hospital, Fort Hood, Texas

Department of Pathology & Area Laboratory Services

Care - Quality - Readiness



INSTRUCTIONS 24-Hour Urine Specimen Collection Total Protein and Creatine Clearance

PLEASE KEEP SPECIMENS REFRIGERATED OR ON ICE.

Label container with your name and sponsor's Social Security Number before submitting it to the laboratory.

For 24 hours:

- Discard the first urine of the morning
- Begin the 24-hour collection with the second urine of the morning
- Save all urine throughout the day and night
- Save the first urine of the second day. (This provides complete 24-hour testing.)

Submit urine samples to the Laboratory Monday – Friday unless previous arrangements have been made with the Laboratory.

You may be required to give a blood sample. Please check in room 1679 (Shipping) before leaving the Laboratory.

For more information, please call 288-8227/8228.